



**SALFORD HEART CARE
MINUTES OF THE ANNUAL GENERAL MEETING
HELD ON: TUESDAY 7th NOVEMBER 2023,
WINTON BOWLING, TENNIS & SOCIAL CLUB**

Present: Vincent Clifford (Director) Victor Bailey (Director)
 Jean Chubb (Director) Barbara Walker (Director)
 Jane Hamilton (Therapist) Julie Clifford (Committee)
 Tricia Harris (Committee Member)
 Paul Brent (Committee Member)
 Julie Clifford (Committee Member)
 49 SHC members
 Serena Rice (Coordinator-minutes)

In Jim and Alan's absence, Serena Rice opened the meeting at 11:02am.

A one-minute silence was observed for those members who have passed away during the year.

1	Apologies	Action
	Apologies were received from Jim Collins, Fred Gorvett and Jean Barr. Alan Rowe (Director & Treasurer) was unable to attend the meeting in time due to traffic problems and road closures.	
2	Minutes	
	The minutes of the last meeting, held on Tuesday 1 st November 2022 were approved by Marion El Qasem and Jane Hamilton.	
3	Matters Arising	
	All matters arising will be discussed as part of the agenda.	
4	Report and Accounts	
a	<u>Annual Report</u>	
)	Serena Rice (Coordinator) presented the Annual Report and highlighted the key points including the main sources of funding received during the year and attendance at the clubs.	
b	<u>Annual Accounts</u>	
)	In Alan Rowe's absence, Serena presented the accounts for the year ending 30 th September 2023. A detailed	

explanation with PowerPoint presentation slides was provided in relation to the following points in the accounts:

- Overview of Salford Heart Care's income, expenditure and balance at the year end, including investments and savings accounts. Overall, income is slightly higher than expenditure, so there has been a slight increase in the balance at the year end.
- Income and expenditure by branch, explaining the large grant received for the Bereavement Group (£12,000).
- Eccles (Winton) branch income and expenditure.
- Raffle income and expenditure at Eccles (Winton).
- Volunteer fund.
- Charitable fund.
- Cost of living fund.

A cheque for the balance of Eccles raffle income (£1,654.15) was presented to Eccles Healthy Heart Club's Social Committee. The funds are to be used to subsidise future coach trips.

Serena confirmed that the final accounts had been thoroughly inspected by an independent examiner last week, and a certificate of approval had been issued.

Serena asked if there were any questions on the accounts. Yasma Osman asked for clarification on "Exercise" expenses at Eccles, as this is itemised separately from Chair Yoga costs. Serena confirmed that £50 was paid to Rosemary Mallace who provided cover on two occasions when Loretta was on holiday.

The accounts were adopted - **agreed by Marion El Qasem and Jane Hamilton.**

5	Appointment & Election of Officers	
	<p>Serena listed the names of current Directors and Steering Committee members. Paul Brent joined the Steering Committee in March 2023.</p> <p>Members were invited to join Salford Heart Care’s Steering Committee and explained how much time and commitment this would require.</p> <p>The members agreed that the Directors and Committee Members should be reappointed for the forthcoming year.</p>	
6	Membership Subscriptions 2023-2024	
	<p>The Steering Committee proposed that membership subscriptions for this year should be nil (no charge), similar to last year, given the ongoing cost of living crisis and its impact on our members.</p> <p>The Steering Committee also proposed to continue the following actions to support members during the cost-of-living crisis:</p> <ul style="list-style-type: none"> • Hold a “Free Day” at each club to be held once a year, where members do not pay admission and experience all the usual activities including exercise, bingo, raffle and refreshments. • Continue with a “cost of living fund” that can be used to provide extra support to members (additional raffle items, bingo prizes, gift vouchers). • Income generated from the raffle introduced at Eccles will be used to subsidise future day trips and social events for these members, acknowledging the increasing costs of coach hire. <p>All members present at the meeting agreed with the proposal that subscriptions should be waived for 2023-2024, and also supported the proposals to continue to support members during the cost-of-living crisis.</p>	<p>Coordin ator</p>

7	Any Other Business	
	<p>Jane Hamilton wished to thank the volunteers and members for their help at making Salford Heart Care a success once again, and particularly the good job the team at Little Hulton Healthy Heart Club had done to improve attendance this year. Little Hulton is now a thriving club and the room is full and lively.</p> <p>Serena agreed that Little Hulton was really successful this year and hoped that attendance at St Luke's would improve due to recent changes. Serena explained that the Committee had agreed to reduce the door entry fee at St Luke's to £2 and volunteers have agreed that refreshments would be introduced next week with an additional 15 minutes available for the room.</p> <p>Victor Bailey wished to thank Coordinator Serena Rice on behalf of the Committee for her help this year. Serena wished to acknowledge and thank the volunteers, Directors and Steering Committee for their help and support, highlighting that it would not be possible to produce such a successful charity without everyone's support. Serena also invited members to become volunteers and highlighted that additional volunteers were needed to help on the bric a brac stall and to cover when others are ill or on holiday.</p> <p>Tricia Harris said that she has contact details of a yoga instructor that may be able to provide cover when Loretta is unavailable. Serena agreed to liaise with Tricia as cover would be required for Little Hulton in the next few weeks.</p> <p>Joan Ashton wished to remind members that Nephie's funeral will take place next Wednesday. Members are welcome to attend the service - family flowers only. We send our heartfelt sympathies to Joan and her family at this sad time.</p>	Coordinator
	The meeting closed at 11:28am.	